

Area Agency on Aging Region X Menu Plan					Jan-26
Monday	Tuesday	Wednesday	Thursday	Friday	
			1-Jan	2-Jan	
			Happy New Year!		
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	
5-Jan	6-Jan	7-Jan	8-Jan	9-Jan	
Taco Salad w/ Meat, Cheese, Beans	Chicken and Stuffing Casserole	BBQ Pork Riblet	Hamburger Stew	Cook's Choice	
Lettuce, Tomatoes, & Onion	Broccoli	Bun	w/ Carrots, Corn, Green Beans, Peas		
Fruit Cocktail	Harvard Beets	Baked Potato w/ sour cream	Dark Green Leafy Salad w/ Spinach		
Tostitos	Rosie Applesauce	Roasted Cauliflower	Wheat Roll		
Pudding	Wheat Roll	Peaches	Warm Spiced Pineapple		
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	
12-Jan	13-Jan	14-Jan	Birthday Dinner! 1/15/2025		16-Jan
Ham and Beans	Frito Chili Pie	Creamy Potato Soup	Homemade Lasagna	Biscuits and Gravy	
Roasted Potatoes	Buttered Corn	Hot Ham & Cheese Sandwich	Green Beans	Sausage	
Spinach	Dark Green Leafy Salad/Spinach	Dark Green Leafy Salad	Dark Green Leafy Salad	Scrambled Eggs	
Cornbread	Orange Jello w	Warm Spiced Peaches	Garlic Bread	Hashbrown	
Brownie	Fruit		Birthday Cake with Fruit	Apple Juice	
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	
19-Jan	20-Jan	21-Jan	22-Jan	23-Jan	
Hamburger Stew	Fried Fish Filet	Spaghetti Red w/ diced pickle & onion	Polish Sausage On a Bun	Cook's Choice	
w/ Carrots, Corn, Green Beans, Peas	Sweet Potato Fries	Dark Green Leafy Salad w/ Spinach	Sauerkraut		
Dark Green Leafy Salad w/ Spinach	Spinach	Mixed Vegetables	Homemade Potatoes Salad		
Wheat Roll	Wheat Bread	Crackers	Brussel Sprouts		
Warm Spiced Pineapple	Tropical Fruit	Peaches	Orange Juice		
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	
26-Jan	27-Jan	Cultural 28-Jan	29-Jan	30-Jan	
Beef Enchiladas Casserole	Chicken Pot Pie	Korean Ground Beef	Chicken Alfredo w/ Linguini	Hot Dog w/ chili & cheese	
Lettuce, Tomatoes, and Onion	Mixed Vegetables	Served Over Rice	Broccoli	Bun	
Refried Beans	Harvard Beets	Oriental Vegetables	Garlic Bread	Coleslaw	
Spanish Rice	Wheat Roll	Mandarin Oranges	Dark Green Leafy Salad	French Fries	
Pineapple	Warm Cinnamon Apples	Fortune Cookie	Sliced Pears	Tropical Fruit	
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	